

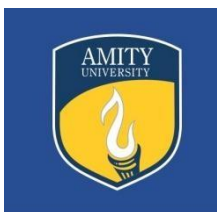
## Consolidated Report of the Events

organized by

National Service Scheme Units



Duration: August 2019 to May 2020



Amity University Rajasthan Jaipur

### **Team NSS**

A team comprising of following members was constituted by the registrar of Amity University Rajasthan, Jaipur to execute the activities of NSS at AUR campus:

1. Dr. Manoj Kumar- Program Coordinator
2. Dr. Yogita Madan- Program officer
3. Dr. Prashant Mishra- Program officer
4. Dr. Girish Paliwal- Program officer
5. Mr. Rituraj Taye- Program officer
6. Mr. Anjani Kumar Shukla - Program officer

This team is working under supervision of Prof. S. S. Bhal, DSW & CL.

## **REPORT**

Five self-financed National Service Scheme Units are actively working at Amity University Rajasthan Jaipur. During session 2019-2020, 45 volunteers joined NSS by paying annual fee of Rs. 500/- and worked in several social activities and events organized by NSS to meet the motive of NSS, Government of India “personality development through social service”. Right from inception of NSS at AUR campus several events have been organized, the details are given in following pages.

Month wise list of the events:

1. Road Safety Awareness Program on 11<sup>th</sup> January, 2020
2. Blood Donation Camp on 19<sup>th</sup> February-2020
3. NSS Special Events during Lockdown: A Glimpse
  - a. Motivation for Plasma Donation- The Greatest Good Anyone Can Do,
  - b. Poetry competition: spill the ink
  - c. Slogan and Poster Making Competition,
  - d. Save Animals Program,
  - e. Awareness on stigma and discrimination against healthcare, COVID-19 frontline workers and persons affected with COVID-19
  - f. Stress Management during Lockdown
4. An online essay and drawing competition on the occasion of death anniversary of ex-Prime Ministers Shri Rajeev Gandhi (21<sup>st</sup> May) and Shri Jawahar Lal Nehra (27<sup>th</sup> May).

## Event Report

### NSS- Road Safety Awareness Program- 11<sup>th</sup> January, 2020

NSS Units of Amity University Rajasthan organized **Road Safety Awareness Program** on 11<sup>th</sup> January, 2020. The main aim of this program to educate youngsters regarding traffic rules considering the fact youngsters are more prone to rash driving. Dr. Manoj Kumar, Coordinator, NSS Units of AUR welcomed the chief speaker of this program, Mr. Mahendra Singh, Deputy Director Security, AUR. In his address, Mr. Singh urged the audience to abide by traffic rules and not to indulge in rash driving and avoid overtaking in turnings etc. Further, he cited some accidents incidents in the vicinity of AUR campus. He emphasized on the use of helmet and seat belt. Further, all volunteers took pledge for following road safety rules. NSS volunteers expressed their views on “Bringing change through youth power.” Dr. Manoj Kumar concluded the ceremony by urging the participants to inculcate the road safety measures in word and spirit. Mr. S.S. Bhal, DSW, AUR expressed the dire need of the conduction of such events in the university. The program was attended Dr. Prashant, Dr. Yogita Madan, Mr. Rituraj Taye, Mr. Raunak Parekh, Dr. Kaushal Kishore Sharma and Mr. Ravi Kumar.







## **Blood Donation Camp-2020**

Blood donation camp was organized by National Service Scheme units of Amity University Rajasthan, Jaipur and Shri Lokendra Singh Mahalawat along with his friends in the memory of Late Pushpendra Singh, RAS, Xavierite '94 Batch on 19<sup>th</sup> February, 2020. Medical team from Swasthya Kalyan Blood Bank, Jaipur led by Mr. Shubhas Sharma collected blood from the volunteers after ensuring their medical fitness. Dr. Manoj Kumar welcomed the medical team, blood donors and the team. Dr. Nitin Bhardwaj, Registrar, AUR and Mr. S.S. Bhal, DSW, AUR visited the blood donation camp and congratulated the donors and extended their gratitude to the medical team. Their visits were motivating for the volunteers. Students, faculty members, staff and security guards of AUR donated 131 units of blood. Blood donation by senior officials Mr. Sunil Bhargava, Mr. Pankaj Sharma, Dinesh Shekhawat, Dr. Parul Mishra was inspiring for the volunteers. Dr. Manoj Kumar and Dr. Prashant, coordinated this program. Significant contribution was made by Dr. Yogita Madan, Program officers NSS, Shri Vikas Chouhan, Dy Director Admin, Mr. Dharmendra Thakan, Dr. Kaushal Kishore Sharma and Maha Singh, Senior Security Supervisor for successful organization of the camp. Photography was covered by Mr Sanjeet Singh from ASCO.



Registration Process



Visit of senior officials at Blood Donation Camp







The volunteers donating bloods

### **NSS Special Events during Lockdown: A Glimpse**

During the one week special events of NSS Units of AUR, many events were planned on the theme **Covid-19** through online platform from 11<sup>th</sup> May to 15<sup>th</sup> May, 2020. The events were as follows:-

- Motivation for Plasma Donation- The Greatest Good Anyone Can Do,
- Poetry competition: spill the ink
- Slogan and Poster Making Competition,
- Save Animals Program,
- Awareness on stigma and discrimination against healthcare, COVID-19 frontline workers and persons affected with COVID-19
- Stress Management during Lockdown





### **Motivation for Plasma Donation- The Greatest Good Anyone Can Do**

In the same series, an event named **Motivation for Plasma Donation- The Greatest Good Anyone Can Do** was conducted today by Dr. Yogita Madan NSS Program Officer of ASAS and Dr. Manoj Kumar, Overall Coordinator of NSS Unit, AUR. Ms. Priyanshi Khare, Student of Int. Mtech 4th Sem., Ms. Patel Rajal and their team members have delivered a presentation and Ms. Patel Rajal, in which she has given the basic introduction of plasma therapy, how it help in curing the covid 19 patient, criteria for plasma donation like who can donate the plasma and message given by first plasma donor Ms. Smriti Thakkar. The aim of the event is to spread the awareness among people about plasma donation and for eliminating the panic among people. NSS volunteers have also given the message of equality i.e. all are same; all have one blood, one plasma. We should not discriminate among the people on the basis of caste, religion, colour etc. The content presented in the event has been successfully circulated among all the volunteers for wide publicity so as to spread awareness among human society. Presenters and Organisers appealed all the

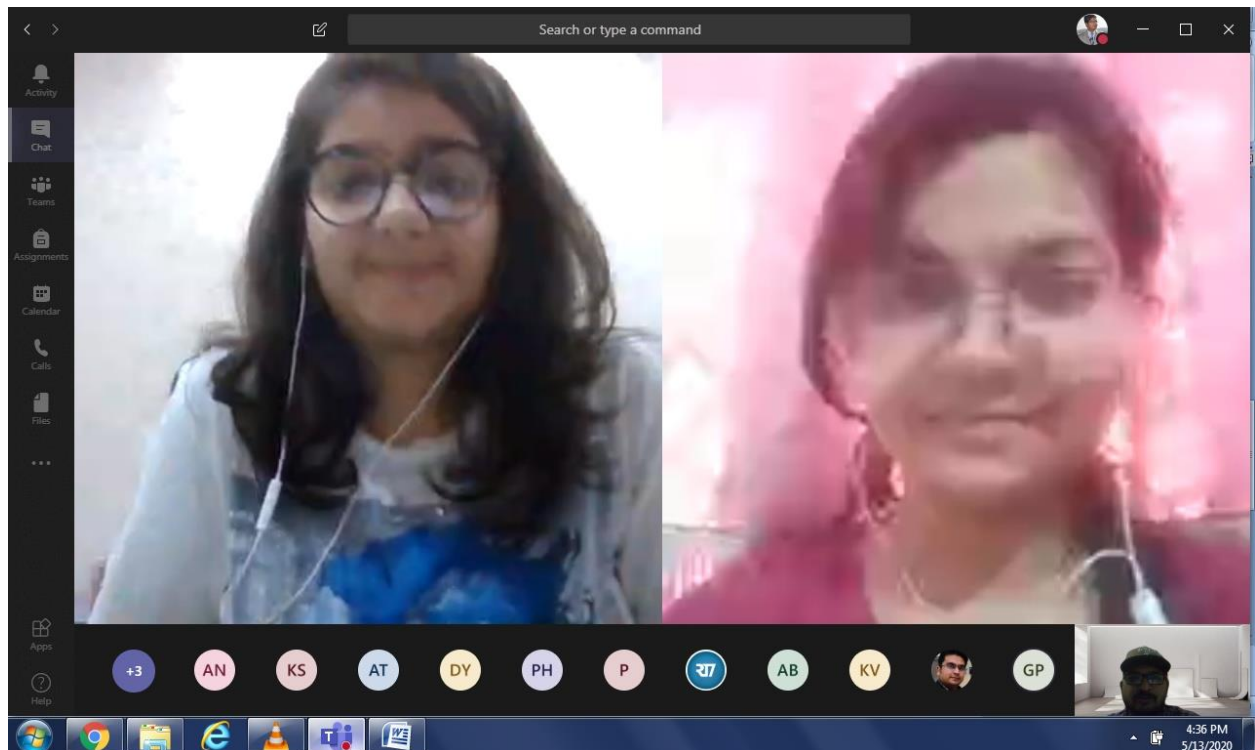
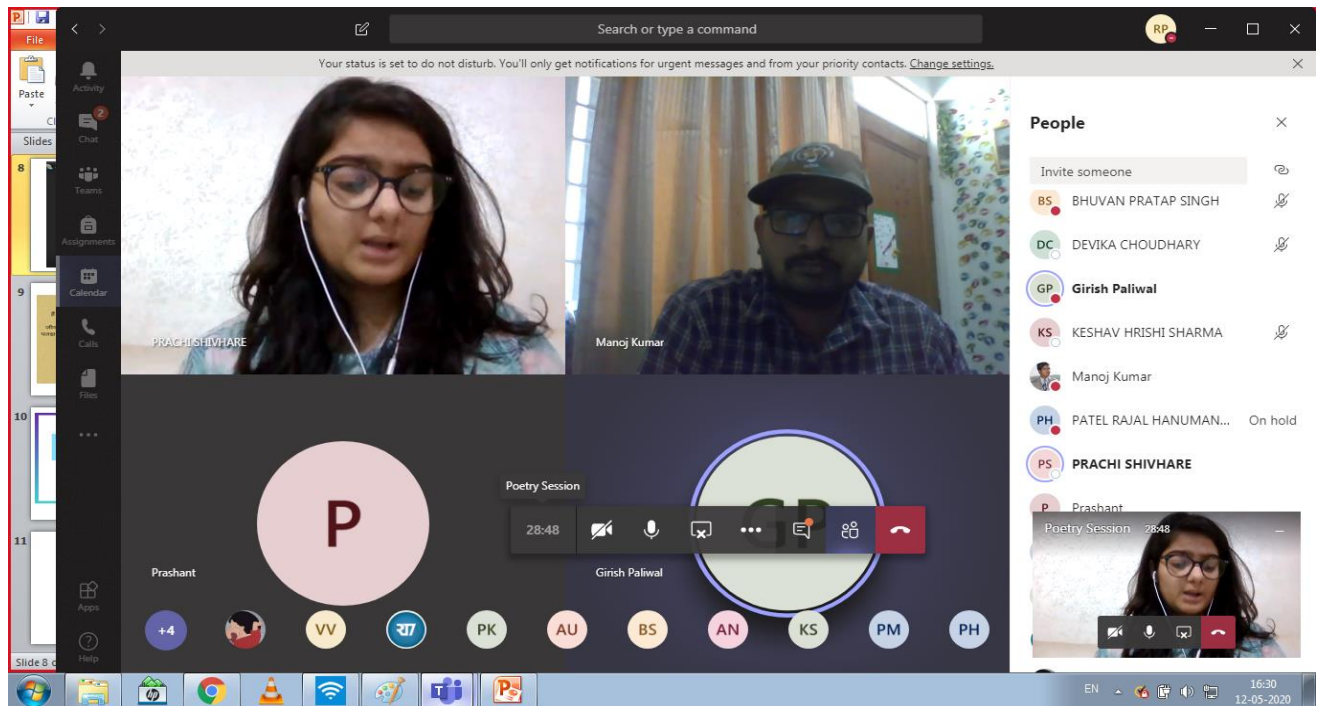
attendee to wear mask and follow the general guideline for prevention of Covid-19 and requested to make aware people about it by sharing the words of knowledge and with the uploaded content. The program was attended by volunteers of various departments of AUR and Dr. Prashant, Mr. Ronak Parekh, Mr. Anjani Kumar Shukla and Mr. Rituraj Taye.



### POETRY COMPETITION: SPILL THE INK

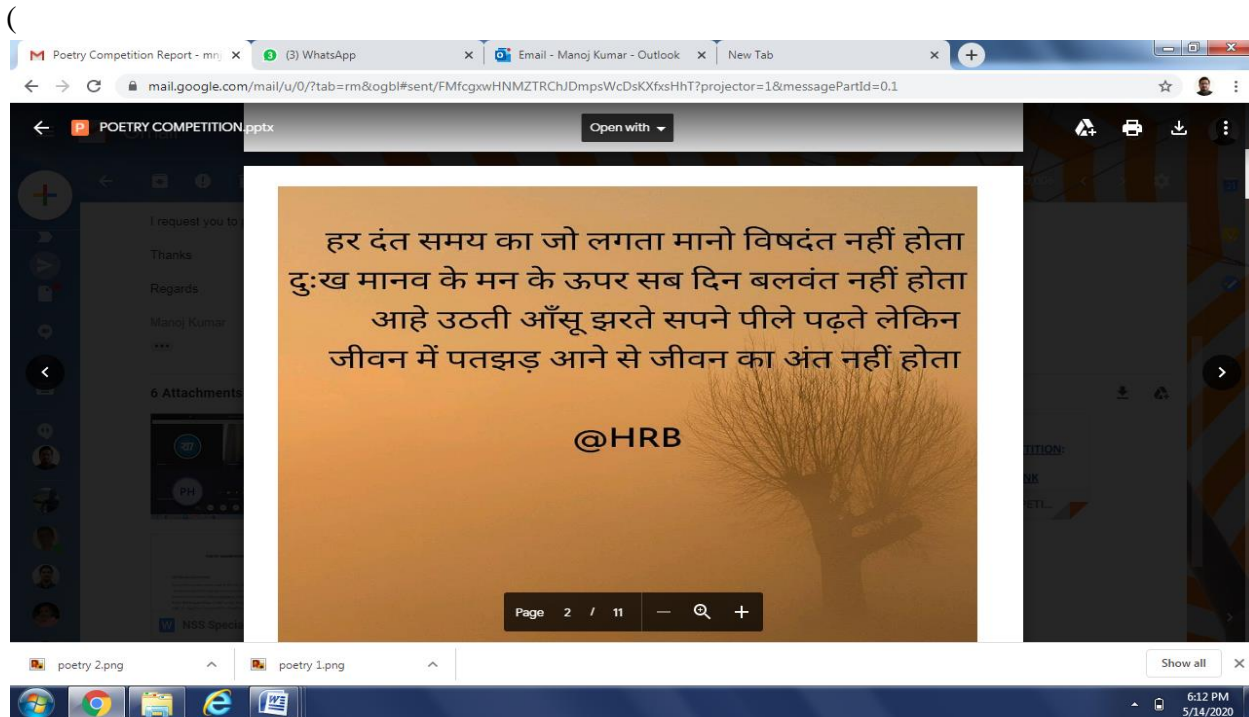
During the one week special camp of NSS Units of AUR, many events have been planned on the theme Covid-99 through online platform from 11th May to 15th May, 2020. In the same series, an event named **Poetry competition: Spill the ink** was conducted today by Mr. Ronak Parikh NSS Program Officer of ASET and Dr. Manoj Kumar, Overall Coordinator of NSS Unit, AUR. Ms. RajalPatel student of B.Tech Food Technology, Ms. Arya Malika student of B.Tech Biotech, Ms. KomalSoni student of BA HonorsPsychology, Ms. Prachishivhare student of BSC Biotech and Mr. YashChitransh BA HonorsPsychology recite poetry on “social issues and impact of Covid-19”. The aim of the event is to motivate and inspire students. The program was attended by volunteers of

various departments of AUR Dr. Prashant, Dr.Girishpaliwal, Mr. Anjani Kumar Shukla, Mr. RiturajTaye and Dr.Yogita Madan.



(Priyanshi Khare and Prachi reciting poems)





### **Slogan and Poster Making Competition**

During NSS special camp activities, a **Slogan and Innovative Poster Making Competition** was conducted today by Mr. Anjani Shukla and Dr. Girish Paliwal, NSS Program Officer. Ms. Rajal Patel student of B.Tech Food Technology, Saroj Patal, BBA-IV, Sejal Govil, BID, Deep Shikha Verma, B. Arch-IV presented their posters and slogans on issues related to Covid-19. The aim of the event is to showcase their creativity and make others aware about the on -going problem. The program was attended by volunteers of various departments of AUR. Dr. Prashant, Mr. Rituraj Taye and Dr.Yogita Madan were present during the program. Dr. Manoj Kumar, Overall Coordinator of NSS Unit, AUR thanked all the participants for their innovative ideas on issues related to Covid-19.

Search or type a command

Activity Chat Teams Assignments Calendar Calls Files

PowerPoint presentation content:

- Slide 1: Rajat Patel Btech Food Tech IV sem AIB
- Slide 2: Defeat The Disease. NOT TODAY, CORONA! Let's stay home and save lives. Rest in home or Rest in peace.

09:32

Request control

People

Invite someone

Currently in this meeting (16)

Mute all

- Manoj Kumar
- Anjani Kumar Shukla Organizer
- AN ANUPRIYA NARUKA
- AB APOORVA BHARGAVA
- AT AROHI TAPARIA
- DY DHARNA YADAV
- GP **Girish Paliwal**
- KV KANAK VATS
- KS KESHAV HRISHI SHARMA
- PH PATEL RAJAL HANUMANRAM
- PH PATEL SAROJ HANUMANRA...

4:11 PM 5/13/2020

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Activity Chat Teams Assignments Calendar Calls Files

Video player content:

@sarojpatel

FIRST SANITISING, THEN SOCIALIZING

12:09

Request control

People

Invite someone

Currently in this meeting (17)

Mute all

- Manoj Kumar
- Anjani Kumar Shukla Organizer
- AN ANUPRIYA NARUKA
- AB APOORVA BHARGAVA On hold
- AT AROHI TAPARIA
- DY DHARNA YADAV
- GP **Girish Paliwal**
- KV KANAK VATS
- KS KESHAV HRISHI SHARMA
- PH PATEL RAJAL HANUMANRAM
- PH **PATEL SAROJ HANUMANRAM**

4:14 PM 5/13/2020

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AutoSave SLOGAN Competition Mr. Anjani Kumar Shukla

File Home Insert Design Transitions Animations Slide Show Review View Help

Clipboard Slides Font Paragraph Drawing Editing

1 Slogans  
 1. चले हैं साथ लड़ने को हम, वो महामारी है तो क्या हम भी है कम  
 2. सबकी ये ही ज़िम्मेदारी है, मिलना अब एक बीमारी है  
 3. इतनी सी कदर करो तुम, दूरी पे सबर करो तुम

2  
 3  
 4  
 5

Name:- Yash Chitransh  
 Department:- AIBAS  
 Semester:-4th  
 Course:- B.A. hons.applied psychology  
 Mobile number:- 9294830050  
 University's email address:- [yash.chitransh1@student.amity.edu](mailto:yash.chitransh1@student.amity.edu)

15:26 Request control

Anjani Kumar Shukla

Slide 1 of 5 French Studio

PRACHI SHIVHARE PATIL RAJAL HANU... PATEL SAROJ HANU... Manoj Kumar Anjani Kumar Shukla

4:17 PM 5/13/2020

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C Replay

MASK EASES THE TASK

FOR YOU

Must watch New Funny Videos Co... Must Watch New Funny Videos Top... New V Video

PH AN RP PH

Manoj Kumar

People

Invite someone

AN ANUPRIYA NARUKA

PH PATEL RAJAL HANUMANRAM

PH PATEL SAROJ HANUMANRAM

ROHAN GUPTA

RP Ronak Parikh

Others invited (1)

Anjani Kumar Shukla Accepted

Suggestions (5)

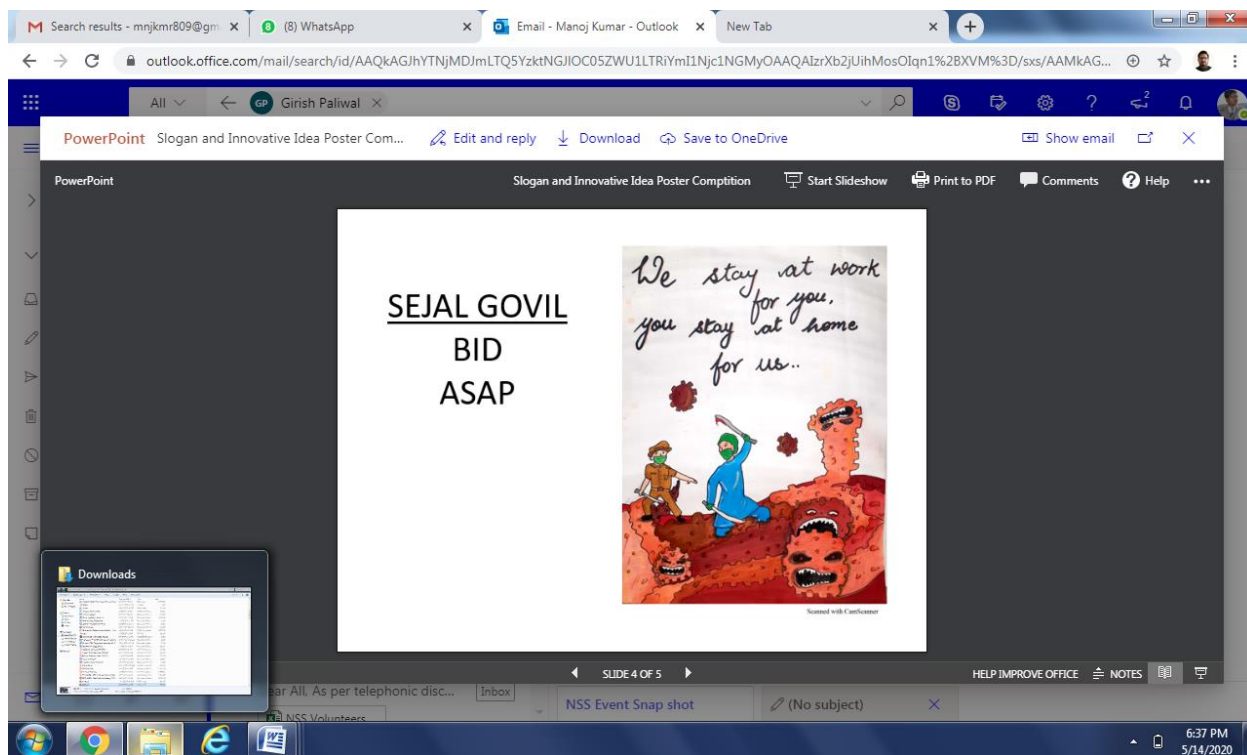
PS POOJA SHARMA

PM PRASHANT MEENA

D dishigrawal99 (Guest)

4:40 PM 5/13/2020



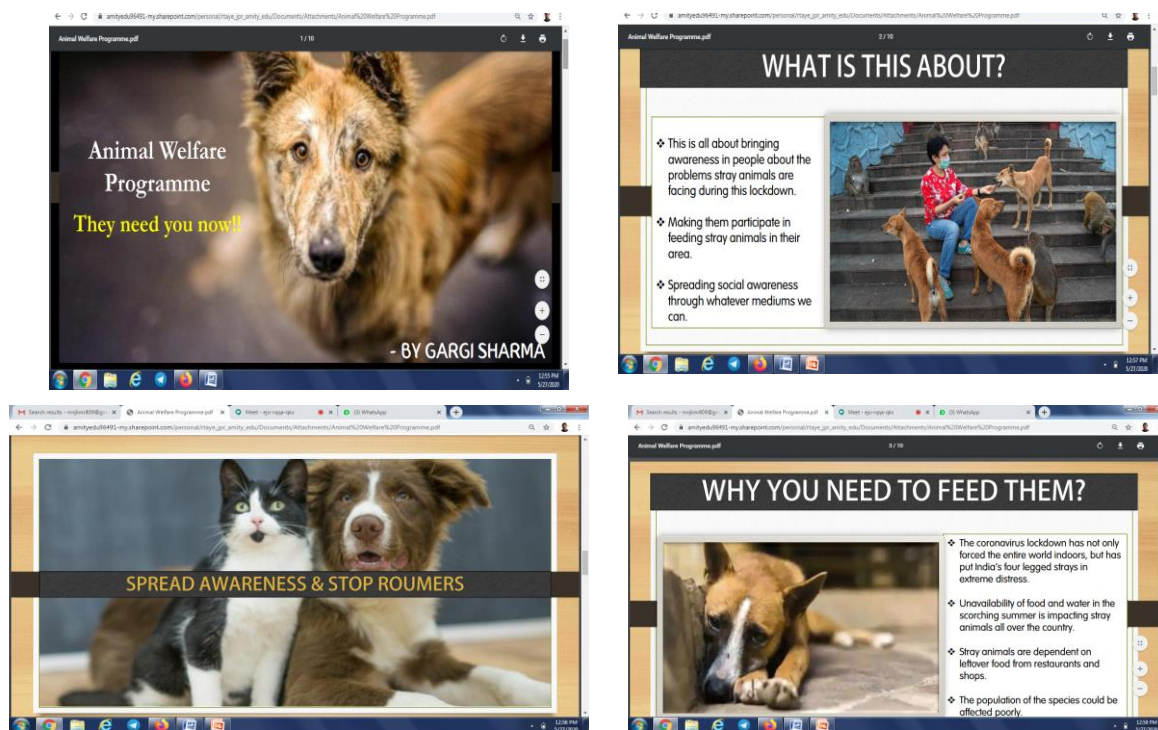


### Save Animals Program

In the series of events on Covid-19 awareness program by NSS units of AUR, Save Animals Program was conducted by Mr. Rituraj Taye, Program Officer, NSS. Dr. Manoj Kumar, Coordinator, NSS motivated volunteers to spread awareness on stigma and discrimination against healthcare, COVID-19 frontline workers and persons affected with COVID-19.

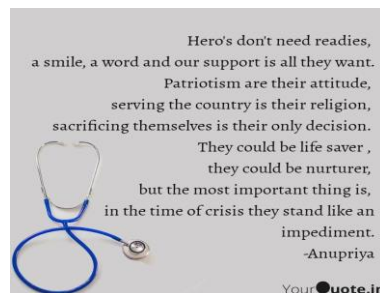
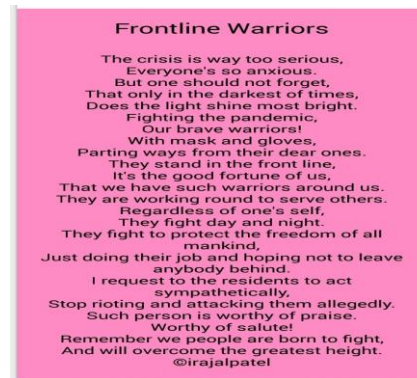
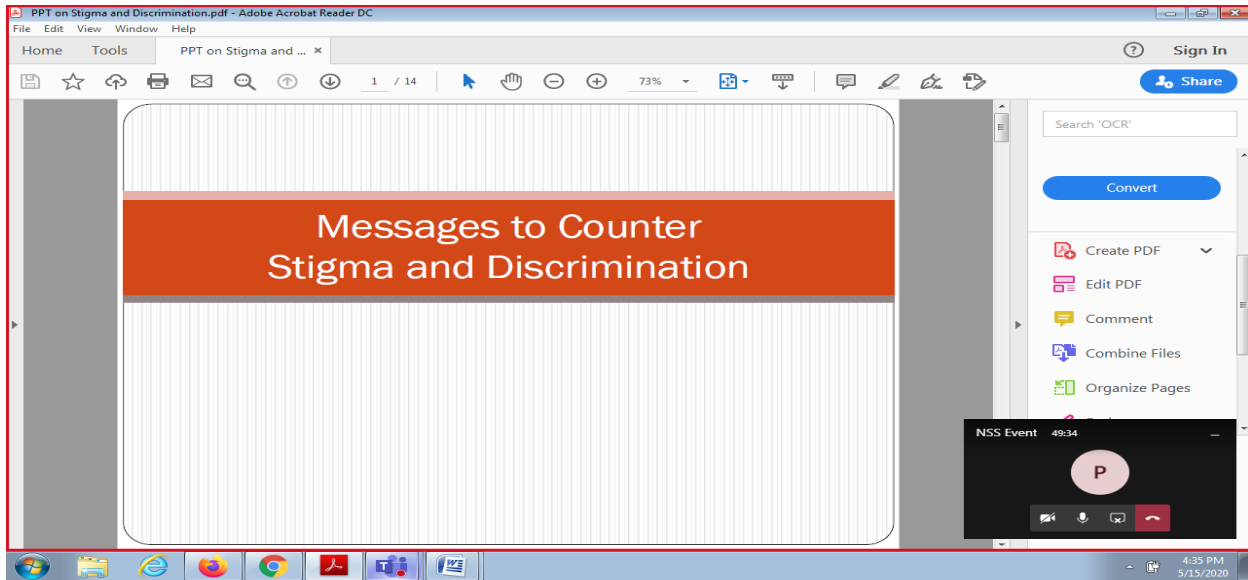
The main purpose of Save Animals Program was to show how we can help the stray animals around us during this lockdown period. These stray animals mainly depend on human beings & restaurants for food, but due to lockdown, these stray animals are left hungry and unattended.

Two short films were screened during this program- The first film delivered a strong message on saving the stray animals around us and the initiatives taken by the Government of India to protect the stray animals. The second film was a collection of videos across PAN INDIA where individuals, organizations & societies are extending their helping hand to these helpless and hungry stray animals by feeding food on a daily basis.



## **Awareness on stigma and discrimination against healthcare, COVID-19 frontline workers and persons affected with COVID-19**

In the series of events on Covid-19 awareness program by NSS units of AUR, an event was organized by Dr. Manoj Kumar, Coordinator, NSS to motivate volunteers to spread awareness on stigma and discrimination against healthcare, COVID-19 frontline workers and persons affected with COVID-19. Ms. Patel Raja, B.Tech(FT) IV Semester, Ms. Saroj Patel, BBA, Ms. Dharna Yadav, and Ms. Anupriya, BA (Psy) presented posters and recited poems in honor of the front line workers and health workers. The program was attended by volunteers of various departments of AUR and Dr. Yogita Madan, Dr. Prashant, Mr. Ronak Parekh, Mr. Anjani Kumar Shukla, Dr. Girish Paliwal and Mr. Rituraj Taye.





## Stress Management during Lockdown

In the same series of special camp on Covid-19 theme by NSS units of AUR, A guest lecture on Stress Management was organized by Dr. Prashant, Program Officer. The guest speakers for the session were Dr. Fouzia A Shaikh and Dr. K C Barmola. Dr. Sanjiv Bhal DSW , AUR welcomed the guest and volunteers. Dr. Fouzia stated that denial is not solution; we have to confront with this. Adjustment is very important quality to deal with new environment and listen to your inner voice. Besides, she also talked about some techniques to manage stress. The other speaker Dr. K C .barmola talked about how to deal with stress of COVID-19 . He also suggested some ways to deal with COVID stress such as Anuloam Vilom Pranayam, Kapal Bhanti Pranayam, meditate etc. Students asked various questions from the both of the experts. Experts have handled their queries and doubts. Dr. Manoj Kumar, Coordinator, NSS AUR, has extended vote of thanks. Dr.Sanjiv Bhal, Mr. A k Shukla, Dr. Yogita Madan, Dr. Girish Paliwal, Dr. Rituraj Taye, Mr. Ronak Parekh, Dr. K K Sharma were present during the lecture.



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Activity Chat Calendar Assignments Teams

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Slides Outline

# The Stress Package – Stress and management during Covid Times

By Dr. Fouzia .A. Shaikh  
Counselor & Curriculum Enrichment Facilitator,  
The Blossoms School

11:40

Click to add notes

Request control

fouziaashah70 (Guest)

Dr. Yogita Madan GP Prashant

Sanjay Singh Bahl fouziaashah70 (Guest)

4:02 PM 5/18/2020

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Activity Chat Calendar Assignments Teams

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Slides Outline

# The Corona has locked us down with our own 'self'

Turn camera on

26:56

Click to add notes

Request control

fouziaashah70 (Guest)

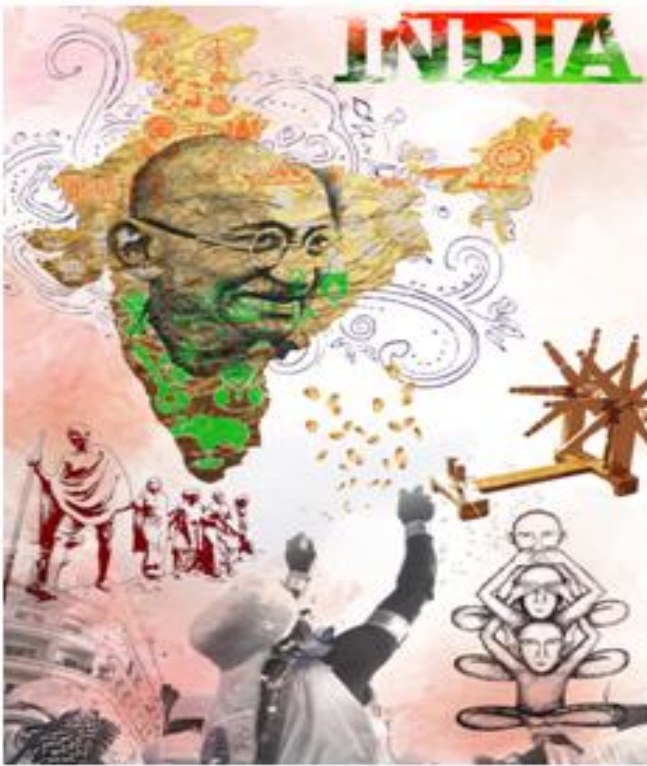
Dr. Yogita Madan GP Prashant SB

Sanjay Singh Bahl fouziaashah70 (Guest)

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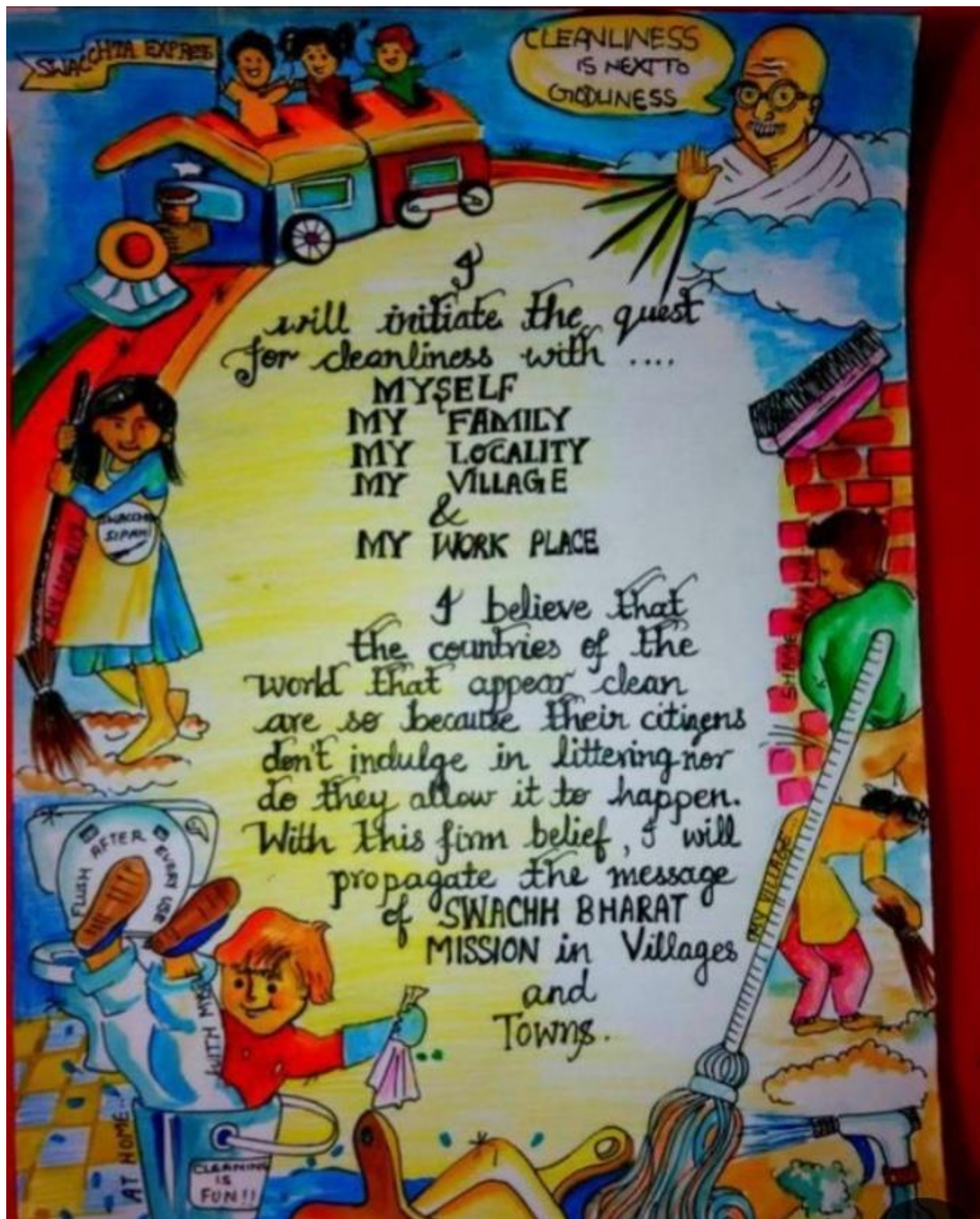
### Report on Online Essay and Drawing Competition

NSS units of AUR conducted online essay and drawing competition on the occasion of death anniversary of ex- Prime Ministers Shri Rajeev Gandhi (21<sup>st</sup> May) and Shri Jawahar Lal Nehru (27<sup>th</sup> May). Volunteers from various departments participated in the event and submitted their drawing and essays via online mode. Students paid the tribute through creative tasks. Many of them presented their views on topic "Youth and Non-Violence" and tried to explain the importance of non-violence in one's life. Besides, volunteers presented their e-posters on "Bapu ke Sapno ka Bharat" theme and showed their creativity. DSW Shri S.S. Bhal and Dr. Manoj Kumar, NSS volunteers thanked all the volunteers for showing creativity during lockdown to mark the occasion of death anniversary of Shri Rajeev Gandhi and Shri J.L. Nehru.



Prepared by Umang Sharma, B-ARCH, VI Semester (Left) and Saroj Patel, BBA-IV





Rajal Patel, FT-IV